



# Sydenham High School

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G D S T  
GIRLS' DAY SCHOOL TRUST

## Sydenham High School standards of dress

We greatly appreciate parents' and students' support in ensuring that our uniform and PE kit is worn correctly and smartly at all times.

### General

Girls are expected to identify themselves with Sydenham High School by wearing their uniforms neatly and without adaptations. All items of uniform should be clean and in a good state of repair.

- Jewellery:  
Prep School: small stud earrings can be worn however these may have to be removed for some activities. No rings, necklaces, bracelets or wristbands are allowed. Small, discrete watches can be worn.  
Senior School: a simple chain necklace with a small pendant may be worn, as may stud earrings. These may have to be removed for some activities.
- No make-up is allowed, and no coloured nail varnish for the Prep, Lower and Middle School (years 0-9). In the Upper School (years 10-11), make-up must be discreet and natural. No false eyelashes or nails are permitted.
- Long hair should be tied back, and any hair accessories must be navy blue or a neutral colour. No unnatural looking hair colouring is permitted, nor should any part of the head be shaved.
- Body piercings are not allowed, other than a single piercing in each ear lobe.
- Any girl who wishes to cover her head for religious reasons should use a plain, navy blue headscarf.

## Footwear

For school, girls should wear flat, black, leather/synthetic leather shoes in a traditional 'school shoe' style (no suede, no patent, no sandals, no canvas, no boots, no trainers). For sport, a supportive pair of trainers is required.

Girls in Reception should wear plain white trainers (velcro fastening) with their jogging tracksuit. School shoes should be worn with their summer uniform.

## Outerwear

Prep School: Girls may wear a coat of their choice which should be plain navy or black. We recommend purchasing the school coat which can be worn three ways and meets the various needs of the school events that take place. Hats and scarves should be plain navy. Pupils in Reception through to Year 2 should bring a Prep School Book Bag to school each day. Pupils in Year 3 to year 6 should bring a Prep School Rucksack to school each day. Both can be purchased from Schoolblazer. PE kit should be brought in a plain navy bag.

Senior School: Girls may wear a coat of their choice which should be plain and ideally blue or black. There is no school bag but it is advisable that girls use a sturdy rucksack and an appropriately sized bag for PE kit.

## Uniform

Prep School: *compulsory items*

- Reception  
Navy crested polo, navy v-neck crested sweatshirt, navy crested jogging bottoms.
- Year 1 to year 4  
White revere-collar blouse, bespoke check pinafore, magenta cardigan with navy contrast trim, navy tights.
- Year 5 to year 6  
White revere-collar blouse, bespoke check pleat skirt, navy v-neck jumper with magenta contrast trim, navy tights (this uniform continues to year 8).

*Please note that from September 2019 the cardigan will change to navy with a lilac trim and the jumper to navy with a lilac trim (the year 5-6 uniform will then match the Senior School to year 11). These will be available online from May 2019.*

- Art smock  
The blue art smock should be purchased for girls in years 3 to 6.
- Summer uniform  
Bespoke navy striped summer dress (to be worn with cardigan/jumper and white or navy socks).

Either winter or Summer uniform can be worn during the first half of the Autumn Term when the weather can be variable. Winter uniform should be worn from after the October Half Term to the end of the Spring Term. Summer uniform should be worn throughout the Summer Term.

In addition to the above girls need to wear either white or navy ankle or knee length socks. White socks should be worn with PE kit. Trainer socks are not permitted.

Senior School: *compulsory items*

- Long sleeve or short sleeve reverse blouse.
- Tartan skirt (years 7-9) or navy lilac pinstripe skirt (years 10-11). Skirts must reach a girl's knee.

*Please note that from September 2019 all pupils will be required to wear the tartan skirt, except for year 10 going into year 11 in September 2019.*

- Navy jumper with magenta stripe (years 7-11) or navy jumper with lilac stripe for years 10-11.

*Please note that from September 2019 all pupils will be required to wear a navy jumper with lilac trim.*

- Navy jacket with lilac trim.

There is also a trouser option available.

In addition to the above girls need to wear either navy ankle socks, navy knee length socks, or opaque navy tights. White socks should only be worn with PE kit. Trainer socks are not permitted.

## PE kit

### Prep School: *compulsory items*

- Reception  
Reception girls will wear their regular school uniform (crested polo shirt, sweatshirt and jogging bottoms) for PE activities. Your daughter should continue to use the Reception tracksuit as PE kit in year 1, and in year 2 if it still fits her. Girls may purchase plain navy cycle shorts to wear with their polo shirt in the summer months.
- Year 3 to year 6  
Navy/Purple Polo Shirt  
Navy/Purple Skort  
Navy/Purple Tracksuit Top  
Navy/Purple Tracksuit Bottoms  
Navy Games Socks
- Swimming  
Children throughout the school will swim for a minimum of one term each year. Navy crested swimming costumes and swim hats can be purchased from SchoolBlazer. If you purchase these items elsewhere they must be plain navy.
- Trainers  
Plain white trainers should be worn for all PE lessons and external fixtures.

### Senior School: *compulsory items*

- Navy/purple sports top
- Navy/purple skort
- Navy/purple tracksuit top
- Navy/purple tracksuit trousers
- Navy swimsuit with logo
- Swim cap with logo
- Navy games socks

There is also the option of purchasing baselayer items which are optional but please note that no alternatives can be worn.